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DIANETIC ASSISTS
(Include In Medical Series)
The Use of Dianetics to the Medical Doctor

There is everything to be said for correct medical treatment in the handling of the sick and insane.

"Insanity" is most often the suppressed agony of actual physical illness and injury.

To "treat" this agony with shock and "brain operations" is a Nuremberg type offense and is indictable as mayhem or manslaughter.

The medical treatment of "insanity" requires sure awareness by the patient of his whereabouts and present time. These are usually quite unbearable so he has sunk into the past to escape the agony of the present.

The TOUCH ASSIST given to such injured persons permits healing to occur by restoring the person to the present and his whereabouts to some degree.

Healing after medical treatment might not occur rapidly if the "insane" or chronically ill person remains in the past, unable to confront the present.

Thus the touch assist speeds and often permits healing after medical treatment and sometimes in minor injuries and illness permits the doctor to accomplish healing without further treatment.

There is the TOUCH ASSIST, the CONTACT ASSIST and the AUDITING ASSIST.

The touch assist done as described elsewhere brings the patient's attention to injured or affected body areas. When attention is withdrawn from them, so is circulation, nerve flows and energy which for one thing limits nutrition to the area and for another prevents the drain of waste products. Some ancient healers attributed remarkable flows and qualities to the "laying on of hands". Probably the workable element in this was simply heightening awareness of the affected area and restoring the physical communication factors.

The CONTACT ASSIST is remarkable when it can be done. The patient is taken to the area where the injury occurred and make the injured member gently contact it several times. A sudden pain will fly off and the injury if minor lessens or vanishes. This is again a physical communication factor. The body member seems to have withdrawn from that exact spot in the physical universe.

The restoration of awareness is often necessary before healing can occur.

The prolongation of a chronic injury occurs in the absence of physical communication with the affected area or with the location of the spot of injury in the physical universe.

The AUDITING ASSIST is done by a trained auditor using an E-meter.

It consists of "running out" the physically painful experience the person has just undergone, accident, illness operation or emotional shock. This erases the "psychic trauma" and speeds healing to a remarkable degree if done properly.

In addition to assists there is Dianetic auditing of an acutely ill person which handles the current and past illnesses and injuries by erasing the "physical trauma."

The last is a skilled activity. Practitioners who have the idea such things do not have causes will of course fail to locate the causes.

A sickness can be composed, let us say, of a headache, a nausea, apathy and weariness.

Such a sickness may be bizarre, without medical reason.

By first getting the patient to find and say what shock occurred when the sickness began, getting when, and getting it recounted, the "illness" will lessen, the emotional state will alter - called a "release of affect".

By then finding an earlier similar instance and getting that one dated and recounted a further release of affect may occur.

If the good indicators, smiles etc, do not occur in the patient, one again asks for an earlier incident dates it and gets it recounted.

The phenomena of "floating needle" on the E-meter should not be bypassed on a physically sick person. If it occurs, regardless of when, and the patient is smiling and suddenly free from symptoms, one at once disists with further auditing on that subject and at that time.

If no floating needle and a full release of symptoms occur, one then traces back the remaining symptoms. Let us say the headache is now gone due to recounting times of emotional duress. But the patient is still slightly nauseous. One traces the nausea to earlier or other incidents. It will vanish when found and dated.

The apathy vanished somewhere along the way but weariness remains. One traces the weariness to another or other incidents.

In short one handles each manifestation of the bizarre illness until all symptoms are gone and the patient is happy and cheerful.

Needless to say all this requires a skilled auditor but the skill can be acquired in a Dianetic training course.

The important thing is not to tell the patient what caused it, but to let him tell you. Otherwise the symptom suppresses.

The approach in any of these assists is quiet, gentle, permissive, never forcing the patient, speaking on the words required to do the process.

The temporarily insane by reason of emotional shock, where no medical illness exists should be permitted rest and should then be handled by an assist as above or normal Dianetic auditing. Most often, rest and no further harrassment result in a return to sanity in a short time such as a few days, but not in a terror atmosphere such as a psychiatric asylum where the patient is in the risk of being hurt or killed. Electric shock prolongs the condition and brain surgery is of course not treatment but murder as at best it deprives the person of his coordination and at best shortens his life. The occasional and rare brain tumour is of course an exception but this is a medical not a psychiatric matter, no matter what manifestations the person exhibits. Most medically ill people do exhibit symptoms of mental derangement at some stage of their illness.

The acceleration of healing of medical illness or injury such as broken bones or the after effects of delivery or operations can be accomplished by the Dianetic auditing of the resulting trauma soon after full medical treatment or attention. The improvement factor is about 1/3 the normal time of recovery by some thousands of test cases.

Such auditing is done by a usual Dianetic procedure.